

WINTER SESSION FUN

Tumble in to

**2020**  
**New Year**

with

**I Can Gymnastics**

Tuition: **\$182.00 (13 Classes)**

Place: **Casa di Mir Montessori** (Primary Friends)

Day: **Thursday**

Time: **12:30-1:00 & 1:00-1:30 & 1:30-2:00**

Age: **3-5 years**

Dates: **Jan 9th/ Jan 16th/ Jan 23rd/  
Jan 30th/ Feb 26th/  
(Feb 13th & Feb 20th NO classes)  
Feb 27th/ March 5th/ March 12th/  
March 19th/ March 26th/ April 2nd  
(April 9th NO class)  
April 16th/ April 23rd**

**Equipment:**

Incline mats, floor equipment \*Balance beam  
\*Music Movement \*Bars \*Trampoline \*Parachutes  
\*Beach Balls \*Hula dance

**Floor & Tumble activity:**

strength, coordination, and flexibility

**Poses and form:**

learn new gymnastics skills each week  
\*Plank \*Bridges \*Tree Pose \*Yoga Breathe \*Form

**Come and Join the Fun!**

**I Can Gymnastics 408.623.0577**

**REGISTRATION FORM IS ON THE BACK**

