



# Parent Education Night

## NVC: A Language of Life

### What is it and how is it practiced?

Wednesday November 15  
6:30-8:15pm  
(Snacks at 6:00pm)

To register: return RSVP slip below,  
**or** contact Hema at (408) 370-3033  
hmunshi@casadimir.org

(There will be limited childcare available for Casa kids with RSVP in advance.)

Nonviolent Communication, implemented at Casa di Mir, is a model of speaking and listening from the heart. This language of compassion helps us connect better, is a conflict resolution tool and is a guide for personal development. It's being taught all over the world by over 500 certified trainers. NVC focuses on skills of communication.

Jean Morrison is returning to further our knowledge of NVC and help us practice this compassionate communication, especially for parents.

Join us for a fun and interactive parent education event.

Learn how to:

- Utilize the most potent 'magic wand' in parenting
- Identify, communicate, and honor everyone's (your own too!) feelings, needs and hopes
- Understand what is motivating anyone in conflict
- Redefine: understanding, agreements, cooperation, conflict, obedience
- Experience the difference between "requests" and "demands"



Jean Morrison

**Jean Morrison, MA** has provided trainings and workshops for parents and educators who want to optimize their crucial role in the healthy and happy development of children in their care.

Jean's educational foundation is in Elementary Ed, Speech Pathology, Psychology, and counseling. She's a certified NVC trainer since '89; a founding and active member of NVC Santa Cruz, Ca; and the co-creator of products to support learning and teaching NVC, including GROK, Kids GROK, and *Communication FUNDamentals*.

She participates whole-heartedly in the ripple effect of providing a better world for our children and youth and the adults who learn and live with them.

[www.GROKtheWORLD.com](http://www.GROKtheWORLD.com)

## NVC: A Language of Life - Parent Education Night

Name \_\_\_\_\_

\_\_\_\_\_ (#) Yes, I'll be there. I'm coming hungry at 6:00pm.

\_\_\_\_\_ (#) Yes, I'll be there. I'm coming at 6:30pm just for the meeting.

\_\_\_\_\_ (#) I'm bringing a guest to enjoy this presentation.

\_\_\_\_\_ (#) I will need Casa child care to attend. Name(s): \_\_\_\_\_

(Children must be students or siblings of students of Casa di Mir and must be fully potty trained to attend. Care is charged at \$10 per child. Please feed children before the meeting.)