

Casa di Mir Montessori School - Parent Education Nights: Compassionate Communication and Parenting CC: A Language of Life What is it and how is it practiced?

Jean Morrison, MA has provided trainings and workshops for parents and educators who want to optimize their crucial role in the healthy and happy development of children in their care.

Jean's educational foundation is in Elementary Ed, Speech Pathology, Psychology, and counseling. She's a certified NVC trainer since '89; a founding and active member of NVC Santa Cruz, Ca; and the co-creator of products to support learning and teaching NVC, including GROK, Kids GROK, and *Communication FUNDamentals*.

She participates whole-heartedly in the ripple effect of providing a better world for our children and youth and the adults who learn and live with them.

www.GROKtheWORLD.com



Jean Morrison



Thursdays:

March 8

April 26

May 24

6:00-7:30pm

Nonviolent Communication (NVC) also known as Compassionate Communication, is a model of speaking and listening from the heart that has been implemented at Casa di Mir for the last twelve years. This language of compassion helps us connect better, is a conflict resolution tool and is a guide for personal development. It's being taught all over the world by over 500 certified trainers. NVC focuses on skills of communication.

Jean Morrison is returning to Casa again this year to further our knowledge of NVC and help us practice this compassionate communication. Join us for a fun and interactive parent education event.

Come once, twice or all three evenings to learn more about NVC and gain practice in its usage.

Learn how to:

- Utilize the most potent 'magic wand' in parenting
- Identify, communicate, and honor everyone's (your own too!) feelings, needs and hopes
- Understand what is motivating anyone in conflict
- Redefine: understanding, agreements, cooperation, conflict, obedience
- Experience the difference between "requests" and "demands"

Please register in advance to attend.

Fee: \$20 per person per session or \$30 per couple
Free childcare is available for Casa families with advance RSVP

To register, contact Hema at (408) 370-3073
or hmunshi@casadimir.org

